

MiB MOTHERS IN BUSINESS

Towards an equal and family friendly working life.

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Would you like to read this newsletter in web instead?

The English-language version of the MiB newsletter is published on our website.

[News on website](#)



How to get recruited as a foreigner?

According to a recent study of E2 research center, the greatest challenges international talents face when adjusting in Finland are language barrier (63%), difficulties in finding a job (48%) or friends (43%) and lack of support networks (23%).

MiB International project is established to address all these very fundamental issues. As part of a concrete solution, we want to welcome you to our networking event on 24th of November in Maria01, Helsinki together with City of Helsinki's Spouse program.

Our key note speaker **Riikka Pakarinen from the Finnish start-up community** will talk about how start-ups hire international talent. In addition, Nokia and Sievo will share their best practices about inclusive recruiting and managing multicultural teams. You will also get to network with the company representatives, and get boost for your job hunt from a speed CV clinic. Reserve your seat in this networking event soon!

The event is in English. Coffee will be served at the site.

In case you have any questions, contact tuovi.bresnahan@mib.fi.

[Register to the event](#)

You can re-visit the Inclusivity morning we organized on 8.6.2022 with the topic **"What does it take to employ international talents in Finland?"** through a subtitled recording. When you open the video, turn on the subtitles from the top right corner from the CC (captions).

[Watch the Inclusivity morning video](#)



Let's bust MYTHS together

Our myth busting awareness campaign has started – for over a month we will bust Myths related to recruitment and employment of international talent in Finland.

Stay tuned for inspiring stories in our social media channels from **Pointer Potential, InterProFinland, Reconfigured.io, Symbio, Familia ry, IWWOF, and Mothers in Business**. Find out which companies have been able to tackle language and other barriers in recruiting processes.

Feel free to comment in the threads about how you or your employers are overcoming barriers to recruiting and employing international talent. Let's bust the MYTHS together!

[MiB International Facebook group](#)

[MiB International Instagram](#)

[MiB ry LinkedIn](#)

Looking for your next career step?

The City of Helsinki's **Spouse program** workshop for international talents in August produced a list of solutions to overcome barriers in entering the Finnish job market. MiB International project was happy to help in the workshop, and we're happy to share the results with you. Boost your career with the help of these tips.



Language : It goes without saying that the lack of language is often a reason for internationals not getting a job

- Look for local companies with international footprint and focus your job application process on these companies.
 - Use recruitment companies to help you find local organizations with job openings that don't require Finnish
 - Be even more so aware of your professional and personal strengths that might overcome the lack of local language
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- Start to learn Finnish. It shows your good will and it shows that you are planning to stay in Finland which is already a big plus for many recruiters.
 - But don't get lost in the language, apply for jobs while learning Finnish and don't wait until you are fluent in it. The best way to learn is while working.
 - Challenge an employer (and please do so in a polite and professional way) on the reason why Finnish is required and what level is needed. "Fluent Finnish skills" may not always be the expected level.
 - Consider available tools and services, for example by the TE Office, to get connected with local employers

Read about hidden jobs and professional network



Salary Negotiation guide!

This guide has been created to assist and support MiB members as they prepare for salary negotiations. The Salary Negotiation Guide will give advice on how anyone can get the salary they deserve for their work.

You can and should be proud of your competence!

Take a look at the full guide on our website:

[How to prepare for salary negotiations](#)

Check out all the upcoming events -free and open to all!

From our website you can see all upcoming MiB events. You can register to the events through the events calendar.

You are warmly welcome to join the events to develop your self, grow your networks and meet other mothers!

[MiB events calendar](#)



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In cooperation with:



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POWERED BY  liana